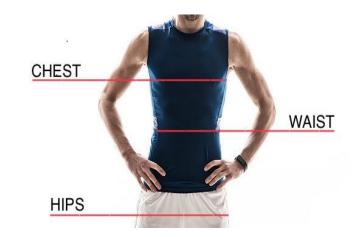
# WORLDSTRONG ATHLETICS SIZE CHARTS

### **MEN'S TOP**

SIZE	CHEST (in)	WAIST(in)	HIPS(in)
S	35-37.5	29-32	35-37.5
м	37.5-41	32-35	37.5-41
L	41-44	35-38	41-44
XL	44-48.5	38-43	44-47

### **MEASURING YOURSELF**



CHEST: Measure around the fullest part of your chest, keeping the measuring tape horizontal.

WAIST: Measure around the narrowest part (the small of your lower back).

HIPS: Measure around the fullest part of your hips.

## **IN BETWEEN SIZES?**

If you find one of your measurements to be on the borderline between 2 sizes, you can order the smaller size for a more tight fit, or a larger size for a more loose fit depending on your preference.

We recommend you to order your chest measurement size, if your chest and waist relate to two different suggested sizes.

# WORLDSTRONG ATHLETICS SIZE CHARTS

SIZE	WAIST(in)	HIPS(in)	REGULAR INSIDE LEG LENGTH (in)	TALL INSIDE LEG LENGTH (in)	SHORT INSIDE LEG LENGTH (in)
S	29-32	35-37.5	32.25	34.25	30.25
м	32-35	37.5-41	32.5	34.5	30.5
L	35-38	41-44	32.75	34.75	30.75
XL	38-43	44-47	33	35	31

#### **MEN'S BOTTOMS**



#### **MEASURING YOURSELF**

WAIST: Measure around the narrowest part (the small of your lower back).

HIPS: Measure around the fullest part of your hips.

INSIDE LEG LENGTH: Measure the inside seam of your leg from top to bottom.

### **IN BETWEEN SIZES?**

If you find one of your measurements to be on the borderline between 2 sizes, you can order the smaller size for a more tight fit, or a larger size for a more loose fit depending on your preference.

We recommend you to order your hip measurement size, if your hips and waist relate to two different suggested sizes.